



Your Destination for Relaxation
3800 Lee Highway Arlington, VA
Mon-Fri 7-8 Sat 8-8 Sun 10-5
703-334-2632

For more information and a calendar of events, visit www.houseofsteep.com or our facebook & twitter pages (@houseofsteep).

foot sanctuary

The ultimate therapeutic experience begins with a nourishing pot of tea, is supplemented by a personalized and restorative footbath, and ends with an alternative healing or otherwise rewarding spa menu selection.

Allow one of our trained therapists to assist you in selecting a soak that is right for you. We recommend a foot soak with any massage or additional service to achieve full benefits of the House of Steep experience.

We recommend a reservation for any foot sanctuary soak or service. Walk-ins may be accommodated if space is available. 24 hour cancellation policy in effect for any add-on therapy services. See website for policies/procedures.

Take the Sanctuary back to your House. Check out our House of Steep signature bath products made by local

treatments

Have 20 minutes to step away from your day? All soaks include salts, herbs and essential oils in a warm foot bath.

STANDARD SOAKS

- Chin Up *uplifting- bergamot tea, mint* \$19
- Clear Skies *lemongrass, pine* \$19
- In Peace *relax/soothe- catnip, passion flower* \$21
- Purity *cleansing- eucalyptus, calendula, juniper* \$20
- Serenity *calming lavender, chamomile, oatmeal* \$21

SIGNATURE SOAKS

- Abundance *lavender, sage, herbs* \$23
- Centered Presence *cinnamon, pine, patchouli* \$23
- C'est la vie *jasmine, vanilla* \$23
- Love & Compassion *rose, ylang ylang* \$24
- Zenergy *citrus and herb zest* \$23

TARGETED SOAKS

- Digestion *ginger mint* \$23
- Headache *lavender peppermint* \$22
- Insomnia *chamomile, clary sage* \$23
- Muscle Ache *basil, chamomile* \$22
- Love to Ladies *geranium, ylang ylang, clary sage* \$23
- Recovery *dandelion, thyme* \$22
- Sadness *basil, cornflower, frankensence, citrus* \$23

ADDITIONAL THERAPY

Cared for feet will carry you far. Consider your health and add an additional treatment.

- Foot Reflexology* (45 min) \$65
- Half Hour Healing (foot reflexology) (30 min) \$50

- Foot & Lower Leg Massage (25 min) \$35
- Hand & Arm Massage (15 min) \$20

*If you'd like to receive reflexology on the hands, please let your therapist know before treatment commences.

packages

FREQUENT SOAKER SAVINGS*

Receive free tea while you soak and additional discounts on sanctuary services when you purchase in advance! Priced for 6 (12% savings) or 12 (18% savings) pack.

- Soak only \$116 / \$217
- Soak + 45 min reflexology \$406 / \$758
- Soak + 25 min foot massage \$300 / \$560

CORPORATE GIFTS

Staff appreciation, team building experiences and discounts for cooperatives available. We'll customize a corporate arrangement that serves your company's needs.

RESERVATIONS AND GIFT CARDS AVAILABLE

Please visit www.houseofsteep.com or ask a tea house attendant for more information.

* Frequent Soaker Savings are good for 1 year from date of purchase

Gratuity for therapists happily accepted in cash only.

Menu subject to change without notice.

For private events, please contact us at info@houseofsteep.com